

## 2020 Workshops and Programs

Dynamic Neural Retraining System  
April 06—10, 2020

Follow Your Breath Retreat  
July 09—14, 2020

The Align Retreat  
October 01—04, 2020

Dynamic Neural Retraining System  
October 05—09, 2020

Reflect and Renew Retreat  
October 23—25, 2020

